



EXPLORING THE HEART OF APULIA

This excursion is particularly recommended for those who enjoy immersing themselves in nature, discovering ancient landscapes unaffected by time.

Duration: 1 hour
(with professional guide)

Everyday - €€

9.30 a.m. - 12.30 p.m.
2.30 p.m. - 18.30 p.m.



BOAT TRIP ALONG THE COAST AND TO THE CAVES OF POLIGNANO

With its stunning caves, cliffs and coastline, Polignano is simply breathtaking when viewed from the sea

Duration: 2 hours (with tour guide on board)

Everyday - €€

Departure:
9.00 a.m. - 11.00 a.m.
3.00 p.m. - 17.00 p.m.

DISCOVERING THE RUPESTRAN CHURCHES OF TARANTO'S COUNTRYSIDE

Sacred paths hidden in the ravines.

Duration: around 1 hour and 30 minutes, with tour guide

Everyday - €€

Morning and afternoon



BIKE RENTAL AND TOUR

For those who enjoy a wonderful bike ride, immersed in nature.

Everyday - €€

Booking requested, minimum two people (with guide).

Bike rental



WE ARRANGE TRIPS TO:

Alberobello, Locorotondo, Martina Franca, Cisternino, Ostuni, Savelletri, Monopoli, Polignano and Matera

DAY EXCURSIONS

(BOOKING REQUIRED)

Monday

Informative briefing

6.00 p.m. – location: Puglia&co infopoint. Presentation of weekly excursions and activities.

Tuesday

Local market and historic centre of Noci

Starting at 9.00 a.m. – Location: Puglia&co infopoint
A stroll through the historic centre, with its lovely courtyards and the market's fruit and vegetable stands. - €€

Apulian wine tasting

Experience the colours and sublime aromas of the best Apulian wine.
Starting at 6:00 to 7:30 p.m. - €€

Wednesday

Exploring the sacred and profane

Departure at 2:30 p.m.
Visit to the cave church and to the town which hosts Apulia's typical carnival.
Duration: approximately 2 hours
€€

Thursday

Visit to Bari Vecchia and Apulian cooking class

Departure: 8.30 a.m.
Excursion to Bari Vecchia, along with a visit to a traditional dairy factory and participation in an Apulian cooking class. Lunch is included. Duration: Whole day - €€€

Friday

Apulian wine tasting

Experience the colours and sublime aromas of the best Apulian wine.
Starting at 6:00 to 7:30 p.m. - €€

puglia&co
FOOD - TOURS - EVENTS - ACTIVITIES



NOCI

Puglia&Co
Centro Storico - Noci (Ba)
Tel. +39 324 8796458
info@pugliaeco.it
www.pugliaeco.it

Seguitemi su

